

Glossary

amrit

A special liquid made from sugar and water.

Five Beloved Ones

The first five members of the Khalsa.

Five Ks

The five symbols of Sikhism – Kachera, Kangha, Kara, Kesh and Kirpan.

gatka

A form of combat training.

Gurdwara

A Sikh place of worship.

Guru Gobind Singh

The last living Guru who created the Khalsa.

identity

Beliefs, personality and looks that make a person who they are.

Kachera

One of the Five Ks – cotton underwear.

Kangha

One of the Five Ks – a wooden comb.

Kara

One of the Five Ks – a steel bracer.

Kesh

One of the Five Ks – uncut hair.

Khalsa

The community of Sikhs who have taken amrit.

Khanda

A symbol of Sikhism – a double-edged sword.

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Kirpan

One of the Five Ks – a small dagger.

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langar

A ‘free kitchen’ where food is served.

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Nagar Kirtan

A joyful, hymn-singing procession through the streets.

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Panj Pyare

The first five members of the Khalsa.

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sacrifice

To give something up.

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Sikh

A follower of Sikhism.

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symbol

An object or image that represents something else.

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Vaisakhi

The anniversary of the creation of the Khalsa, which is also a New Year and harvest festival.