

# Glossary

## **Challah bread**

A braided loaf eaten on the Sabbath and during Jewish holidays.

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## **creation**

The making of the world.

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## **customs**

The accepted way to behave in a particular society.

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## **Havdalah candle**

The candle which is lit at a service held at home to say goodbye to the Shabbat.

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## **Kiddush cup**

A cup filled with wine and used as a blessing at the beginning of a meal at a Jewish festival or on Shabbat.

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## **Shabbat (Sabbath)**

A day of rest which starts at sunset on Friday and ends at sunset on Saturday.

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## **Sunday**

The day of rest for Christians.

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## **Torah**

The five books of Moses that state the laws Jews must follow.